Early World Children's School Lunch Menu — *October 24th – 28th*

	Lunch	Morning Snack	Afternoon Snack	Evening Snack
Monday	**Hearty Tomato Soup** *Barley, tomatoes, noodles* **Whole Wheat Rolls with Cheese Slice** **Sliced Peaches** **Milk** ☆	Cereal Milk	Apple Slices Cinnamon/Vanilla Yogurt Dip	String Cheese Pretzels
Tuesday	**Southwest Chicken Taco Salad** *Ground chicken, salsa, cheese, sour cream & lettuce* ** **Tortilla Triangles** **Mandarin Oranges** **Milk** ☆ Refried Beans **Green Beans	Orange-Cranberry Muffins Milk	Bananas Strawberry Yogurt	Baby Carrots & Sugar Snap Peas with ranch dip
Wednesday	**Asian Stir Fry** *Tofu, broccoli, pea pods, carrots, peppers* **Brown Rice** **Orange Slices** **Milk** ☆	Granola Mixed Berries	Pita Bread Sun-dried Tomato Pesto	Tortilla Chips Salsa
Thursday	**Chicken Pizza** *Mozzarella cheese, tomato sauce on English muffin* **Baby Carrots** **Sliced Pears** **Milk** ☆ Cheese	Poppyseed Muffins Milk	Orange Slices Goldfish Crackers	Chex Mix Milk
Friday	**Mini Bagel Sandwiches** *Turkey slices, cream cheese on a mini bagel* **Fresh Broccoli Trees** **Apple Slices** **Milk** ☆ Cheese	Cereal Milk	Apricots Animal Cookies	Brownies Milk

**** Toddler Substitution**

Toddler 1 & 2 will be served alternatives for lunch or snack when necessary

Water is served with snack unless specified by milk or juice
Cold Cereal Breakfast with milk and juice is served between 6:30 – 8:00 am

****Menu is subject to change****

☆ **Vegetarian Meal**

Vegetarian options are available on days with non-vegetarian meals.